

# St Alban's Anglican Parish, Epping

*In Covenant with the communities of  
the Roman Catholic Parish of Epping & Carlingford,  
Epping Uniting Church,  
West Epping Uniting Church and  
Carlingford Baptist Church.*

4th Sunday after Epiphany  
29 January 2012

...at St Alban's

The Liturgy begins on page 119 of the service books

## **7.00am Eucharist**

Reader: Ian Burrows  
Preacher: *The Rector*

## **8.00am Eucharist**

Reader: Christine Murray  
Hymns: 206, 374, 415  
Preacher: *The Rector*

## **10.00am Sung Eucharist**

Reader: Sue Armitage  
Hymns: 206, 10, 374, 415  
Preacher: *The Rector*

## **No Evening Service**

... at St Aidan's

## **8.30am Eucharist**

Reader: Joan Forsythe  
Hymns: 433, 283, 223, 210  
Preacher: *The Reverend Ross Weaver*

**Our Vision:** To be a Worshipping, Recognisably Anglican, Multi-racial, All-age,  
Gathered, Christian Community - 'a city on a hill'

## **THOUGHTS FOR PRAYER & REFLECTION**

Accompanying this week's bulletin is the February issue of *Thoughts for Prayer & Reflection*, which has been produced by the Pastoral Care Committee, using the Lectionary as a guide.

We hope you will find it helpful in your daily prayer life. Suggestions for inclusion are always welcome.



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### **Annual General Meetings of Parishioners,** will be held this year as follows.

St Alban's and Parish  
**Thursday 1 March at 7.45pm**

St Aidan's  
**Sunday 4 March at 10am**

#### AGM Reports

*Parish organisations are invited to submit brief reports for publication.  
It would be appreciated if these reports are forwarded to the office by  
**Next Sunday (5 February 2011)***

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### **Rodney Hale, Editor, Epping Parish Magazine.**

It is with regret that the Rector announces that Rodney Hale, the Editor of our Parish Magazine, has resigned after many years of faithful work. Some of you may know that Rodney has for some years lived in Mudgee. He now wishes to contribute more to his local parish and also as his family grows and is dispersed around Asia, he and Barbara wish to undertake more travel to visit them more often. Rodney's contribution has been profound over a long time. Prior to his work as Editor, the Magazine had never been produced to such a high standard and as a result there would be very few parishes with such a wonderful production.

We are therefore now looking for someone to take on the Editorship of the Epping Parish Magazine taking the Magazine forward into the future from the June edition. That person will need to take up their responsibilities from the beginning of May. Rodney will supply the new Editor with the template and all the necessary information which will enable the continuation of the Magazine. He will also guide the new Editor into the job.

If you are interested in participating in this way to the life of the Parish please speak to the Rector or one of the Wardens. The Magazine is an important part of the work of spreading the Gospel in and through our parish.

We wish Rodney and Barbara God's blessing in the most unexpected and wonderful manner in the next stage of their life journey.

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**The February/March edition of the Parish Magazine  
is now available at the back of the church.**

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# Welcome to St Alban's and St Aidan's

We warmly welcome you today as we join together to worship our Risen Lord.

Please stay and join us after our morning services at St Alban's and St Aidan's for tea and coffee, or breakfast after the 8.00am service at St Alban's.



If you are a visitor please collect a Welcome Folder and leave the information card with one of the Welcome Group or Parish Staff.

For your Prayers

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## Church:

Shore School; Willoughby - St Stephen; Willoughby East - St John;  
CMS (Chinese Anglican Church) in Northern Region  
West Epping Uniting Church; Epping Baptist Church  
National Home Mission Fund (*Mission of the Month*)

## In our World:

Give thanks for the freedom we enjoy in this land and the economic stability we enjoy in good times and bad. Pray that we will be generous to others who are in need and suffering both in Australia and overseas.

Pray for all students and teachers returning to schools, universities and Sunday School that all their works will be blessed in the coming year.

## Anniversary of Death:

Roger Holloway 29/1; Kate Hindley 30/1; Derrick Evans 30/1; Beryl Matthews;  
Ronald Joseph; John Oliver; Anthony de Boos 1/2; John Chapman 2/2;  
Irene Middleton 3/2; David Bryant 4/2

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## Mission of the Month

National Home Mission Fund

*also known as The Anglican Outback Fund*

The National Home Mission Fund (NHMF) also known as The Anglican Outback Fund provides essential ministry support for the Anglican Dioceses of Northern Territory, North West Australia, North Queensland, Riverina and Willochra. This enables these 'Outback' Dioceses to function at a minimal level supporting ministry to isolated places.

Other mission agencies that we support such as ABM and BCA typically support ministry personnel but do not fund Diocesan ministry support.

For more information about the NHMF go to: <http://www.anglicanoutbackfund.org/index.html>

To make a contribution to the NHMF, please place your gift in the 'Beyond the Parish' side of your offertory envelope (please write 'NHMF' below the stamped date) or in a plain envelope marked 'NHMF'.

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**Liturgy Meeting tomorrow at 7.45pm in the Rectory study.**

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## Sunday School for 2012

There will be a meeting of everyone interested in Sunday School at 11.20am today.



We are planning to put the children into three groups this year, Juniors, Intermediate and Seniors. Come along to hear our exciting plans.

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## National Church Life Survey (“NCLS”)

Next Sunday 5<sup>th</sup> February 2012, the Parish will be participating in the NCLS. Completion of the survey is voluntary; the Parish does encourage your participation.

The survey will be completed during the service; please remember your glasses and a pen or pencil (pencils will also be available). The survey is confidential; no individual results or identifying data is published or provided back to the Parish.

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## TURNER FAMILY GROUP

*Planning Meeting TODAY*

The next Turner Family Group gathering will be at the home of **Kim & Amanda Turner**, **19 Monaro Street, Seven Hills, today from 12.30 pm**, for a BBQ/Luncheon and planning meeting to plan our activities for the year ahead. Bring your diary and ideas. If you would like to join us, please let Kim or Amanda know (9674 2907).

Family Groups usually meet once a month, offering a variety of activities, more often than not a luncheon after the Sunday morning services at someone's home, providing an opportunity for more extended fellowship. Gatherings are quite informal and very relaxed.

If you have been thinking about joining one of our two Parish Family Groups, or would like some further information, please speak with Paul and Sarah Weaver (8819 2883) or Kim and Amanda Turner (9674 2907). If you would like to “test the waters” and join us for our first activity for the year, you are very welcome.

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## WEAVER FAMILY GROUP

**Planning Meeting Next Sunday**

As usual, we start the year with a planning meeting and barbecue, and Ian and Jane Harrison have again kindly agreed to host us. We shall get together at their home, 28 Crandon Road Epping, on Sunday 5<sup>th</sup> February, beginning about 4.00pm. Please bring your ideas along so that we can put together a really good program for 2012. It would be great to start our planning meeting around 4.45pm, so try to be there by that time.

Of course you can also enjoy the Harrisons' swimming pool, so bring your costumes and towels along. For the barbecue, please bring your meat, together with a contribution to salad and/or dessert, and something to drink. It would be helpful if you could let Ian and Jane know if you can make it, and what you can bring: ring them on 98698057.

New members and visitors will be most welcome. For further information about the group, contact Sarah and Paul Weaver on 8819-2883.

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## St Aidan's Friendship Group

will begin the year with a Eucharist at 10am on Wednesday 1 February followed by the Annual General Meeting. Morning tea will follow, then the ordinary monthly meeting.

All parishioners most welcome to attend.

Enquiries: Enid Telfer (President) 98075969 / Margaret Cummins (Secretary) 96804865

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## Men's Group

will be meeting at THE RECTORY on Thursday 2 February at 7.00pm.

Please bring your own meat, drink and salad or bread to share.

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The first **RLT** meeting for 2012 will be held on Thursday 2 February at Christine's home, starting at 7.30pm. Please bring your diaries.

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### NEWS FROM "THE SHED"

The money raised at our recent *Bring & Buy* has now been sent to Fr Mike Nixon in the Northern Territory. We have just heard from him as follows:

*Many thanks for the letter and this confirms that the \$2,000 has been received and will be spent soon when Meg comes back from her holidays next week and restarts the child minding centre. Then we will get the shed.*

*Please pass on to your committee and parishioners my sincere thanks for this gift and I will be sending you some photos and copies of invoices for your records.*

*Kind regards to you all.*

*Mike*

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### BE STILL AND KNOW MEDITATION GROUP

*Recommences on Tuesday 7 February*

Whilst the church provides a quiet place for meditation and prayer each day, the Meditation Group offers an opportunity for those who wish to meet with others for meditation.

We meet at 11am in the Seminar Room and spend an hour together with music, prayer, readings, tapes on meditation from the Christian Meditation network and a time of meditative silence. This provides a welcome time and space away from the busyness of our daily lives when we can 'be still' together.

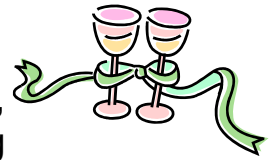
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Sunday School  
will resume next Sunday

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## **Congratulations**

When Iris Fitcher of St Aidan's met handsome young sailor, Lance, during the war, she didn't expect to be celebrating their 65th wedding anniversary in February this year.



They were married at St Alban's in Five Dock in 1947 and have lived happily ever after since.

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## **Parish Office Receptionist**

The Parish Office is in need of more volunteers. If you would like to be considered for this important role (which includes answering the phone and general duties), would you please contact Denise on 9876 3362 or the Rector.

The office is open Tuesdays to Fridays from 9am to 1pm.

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## **Office arrangements**

This week the Parish Office will return to being open Tuesday to Friday.

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## **Holy Communion and hygiene**

The symbolism of sharing the communion cup is of great significance, for we are both following what Jesus told us to do and by doing so we show that we are the body of Christ.

The preparation of the elements is taken very seriously by those who do so. In addition the people who hand out the bread in the communion service wash their hands before they touch the bread. The communion cup is wiped and rotated every time someone drinks from the cup so that the next person does not put their lips to the same spot. The alcohol in the wine is sufficient to kill most infections.

Sometimes parishioners may feel concerned that they might share an infection they are coming down with, or that they will catch an infection from others sharing communion. While it is possible on these occasions simply to take the bread and decline the wine, this diminishes the sense of unity for us all. You might like, instead, to "intinct", that is, to take the bread and keep it until you are offered the chalice of wine. You then dip the edge of the bread into the wine and place it into your mouth. This option takes account of sensitivities of hygiene and of expressing our unity.



## **Oratory of the Good Shepherd**

The OGS Quiet Day will be held on Saturday 3 March from 9.30am-3.30pm at St John's Church, corner Birchgrove Rd & Spring St, Balmain. The day will be led by Canon Keith Dean-Jones. Tea and Coffee will be provided, BYO Lunch. For more information/RSVP Bp Ken Mason: 9566 4427.

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# WHAT'S ON...

## Monday 30 January

Charles, King of England (d. 1649)

*Fr Ross's day off*

*Parish Office Closed*

5.00pm Evening Prayer

8.00pm Men's Bowls in main hall

## Tuesday 31 January

5.00pm Evening Prayer

## Wednesday 1 February

7.00am Eucharist

10.00am St Aidan's Friendship Group

5.00pm Evening Prayer

7.45pm Choir Practice

## Thursday 2 February

**THE PRESENTATION OF CHRIST IN THE TEMPLE**

10.30am Healing Eucharist

5.00pm Evening Prayer

7.00pm Men's Group

7.30pm RLT at Christine's home

## Friday 3 February

**FIRST ANGLICAN SERVICE AT SYDNEY COVE, CONDUCTED BY RICHARD JOHNSON, SYDNEY 1788**

*The Rector's day off*

5.00pm Evening Prayer

## Next Sunday's Services

5th Sunday after Epiphany

5 February 2012

**At ST ALBAN'S**

**7.00am Eucharist**

President: The Rector

National Church Life Survey

The survey will be administered in place of the sermon

**8.00am Eucharist**

President: The Rector

National Church Life Survey

**10.00am Sung Eucharist**

President: The Rector

National Church Life Survey

**6.00pm Evening Prayer**

President: The Rev'd Ross Weaver

National Church Life Survey

**at St Aidan's**

**8.30am Eucharist**

President: The Rev'd Ross Weaver

National Church Life Survey

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## DEADLINE

The deadline for items to be considered for publication in the bulletin for next Sunday is **Wednesday at 2.30pm.**

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If you would like to directly debit your weekly offertory, the church bank account details are:-

**St Alban's: BSB No: 032 081 Account No: 000024**

**St Aidan's: BSB No: 032 081 Account No: 810086**

*Please indicate on transfer which service you attend*

During the blessing of the gifts, we acknowledge the offertory made to the Parish by direct transfer.



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301 Pennant Hills Rd, Thornleigh

24 hours 9484 3992

[www.albertmeyer.com.au](http://www.albertmeyer.com.au)



The Psalmist says that the 'fear of the Lord is the beginning of wisdom' (Ps 111.10). In our Gospel reading, the evil spirits who feared the Lord said, 'what do you want with us? Have you come to destroy us? I know who you are!' (Mk 1.24). Even the evil spirits were wise in recognizing Jesus. How much more can we, who are children of the light, recognize Jesus as the 'Holy one of God?' Yet, we need to not just recognize Jesus, but to know him personally and to follow him. By doing so, we gain wisdom.

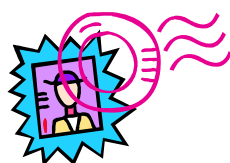
- Pray for all those who have recognized Jesus, but who have not yet followed him.
- Give thanks for the work and witness of the Anglican Church of Melanesia.

*Text: The Revd Drew Schmotzer, chaplain to the Most Revd Dr Mouneer Hanna Anis, Bishop of Egypt with North Africa and the Horn of Africa © Anglican Board of Mission, 2012*

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## Tin Bin ...

Thank you for your ongoing support. It is greatly appreciated by Christian Community Aid at Eastwood. All types of packaged food (not fresh) will be greatly received.



If you have any used stamps, please leave them in St Alban's porch where there is a pigeonhole marked 'Stamps'.

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## Parish Directory

**Parish Office** is open Tuesday to Friday 9am to 1 pm

**Address** - 3 Pembroke Street Epping 2121 (PO Box 79 Epping 1710)

**St Aidan's Church** - 30 Downing Street, West Epping

**Phone** - 9876 3362 **Fax** - 9876 4046 **Website** - [www.eppinganglicans.org.au](http://www.eppinganglicans.org.au)

**Office email** - [office@eppinganglicans.org.au](mailto:office@eppinganglicans.org.au)

**Rector**

**Associate Priest**

**Parish Secretary**

**Choir Director**

**Organist**

**Honorary Clergy**

The Reverend John Cornish - [johncorn1@pacific.net.au](mailto:johncorn1@pacific.net.au)

The Reverend Ross Weaver - [ross.weaver@pacific.net.au](mailto:ross.weaver@pacific.net.au)

Mrs Denise Pigot

Mr David Wheatley

Mr Neil Cameron

The Reverend Martin Davies

The Reverend Dr Alan Friend

The Reverend Val Tibbey

The Reverend Paul Weaver

