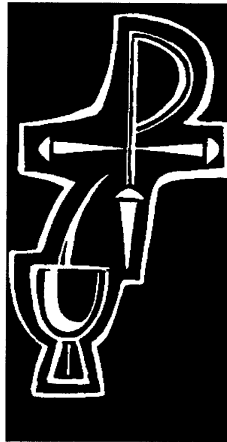

St Alban's Anglican Parish, Epping

*In Covenant with the communities of the Roman Catholic Parish of Epping & Carlingford,
Chester Street Uniting Church Epping, West Epping Uniting Church
and Carlingford Baptist Church.*

3rd Sunday in Lent 7 March 2010



... at St Alban's

The Liturgy begins on page 119 of the service books

7.00am Eucharist

Preacher: The Rector

Reader: Ruth Shatford

8.00am Eucharist

Hymns: 434, 599 TIS see pg 2, 362

Preacher: The Rector

Reader: John Rawling

10.00am Choral Eucharist

Hymns: 206, 434, 599 TIS see pg 2, 362

Motets: Bow down thine ear O Lord (*Arensky*) / Nolo mortem peccatoris (*Morley*)

Preacher: The Rector

Reader: Peggy Sanders

6.00pm Evening Prayer

The Rector

... at St Aidan's

8.30am Eucharist

Hymns: 433, 434 NEH see pg 2, 599, 446

Preacher: The Reverend Ross Weaver

Reader: Florence Contini

Our Vision: To be a Worshipping, Recognisably Anglican, Multi-racial, All-age,
Gathered, Christian Community - 'a city on a hill'

434 NEH

1 Oft in danger, oft in woe,

Henry Kirke White - This hymn was taken from: 'The New English Hymnal' Published by The Canterbury Press Norwich.
Copied under Licence. Unauthorised Re-copying Prohibited.

599 TIS

1 Take my life, and let it be

Due to copyright, the words are not printed.

Frances R Havergal - This hymn was taken from Together In Song. Published by Harper Collins Publishers. Copied under Licence.
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The Rector

Due to a complication, the Rector's surgery has been postponed until Wednesday 17 March. He is very grateful for the compassion shown by many people who have wished him well.

Chris Wagstaff and Rosie Blake

Chris and Rosie are to resign as our organists as of the 30th May. Their contribution to our worship has been wonderful. We wish them God's blessing on the next part of their journey.

The Season of Lent

Lent is a time of preparation for Easter: forty days of preparation for fifty days of celebration following the Resurrection. Lent means waiting: for the cross, the water and the fire. God does not need Lent, but we do. The rhythm of fast and feast taps into some elemental need of ours, where denial creates longings to be satisfied so that we come to a deeper appreciation of God's great gifts.

Lent is a time for preparing catechumens (baptismal candidates) for Easter baptism. It has its origins in the fact that preparation of catechumens is a process by which the whole Christian community is renewed. While Sunday is always a festival of the crucified and raised Christ, omission of the Gloria (Glory to God), along with addition of the Trisagion (Holy God, holy and might...) and other Lenten material will help set the tone for the Season.

The six Sundays of the season are seen as a unity. The usual liturgical colours for the first five Sundays are violet. The only Sunday with any significant differences is Lent 6 - the Sunday of the Passion (Palm Sunday) when the colour changes to red and it is appropriate for red to remain through to Good Friday. On Maundy Thursday we use white.

Setting the scene

A distinct break in the setting and mood of the liturgy needs to be made from Christmas and the Sundays after Epiphany to Lent. The intention is to create a more intense focus on the principal symbols of God's presence with us.

These symbols are: the assembly of Christ's people; the lectern; the Lord's Table; the empty font. This happens in different ways: by removing clutter, by covering up decorative art etc., by changes in lighting, by the removal of flowers. The font is emptied and covered. Covering crosses in Holy Week is a tradition sometimes observed. At Saint Alban's we will use the small wooden cross behind the altar instead of the brass one.

During Lent, you are invited to kneel for the Confession, during the Thanksgiving Prayer and to receive the Sacrament. In this way, we reinforce our penitential attitude so at Easter we may stand triumphantly with the Risen Christ. However, no one is obliged to be in any posture other than with that which they are comfortable.

Other alterations are:

The Lenten invocation is used, page 119 #2

The Two Great Commandments, page 120 #5

The Gloria is omitted, the Trisagion is said (or sung), page 121 #10

The Confession is in the later position, page 126

The Invitation to Confession, page 151

The Greeting of Peace second form, page 127 #24

The Preface to the Thanksgiving Prayer, page 151

The Prayer after Communion and Blessing, omitting the words,
"and the blessing ..." pages 151-152

The memorial flowers in the church today
are in loving memory of
Marjorie Wilkinson
from her daughter Jan Boyley and her family.



Welcome to St Alban's and St Aidan's

We warmly welcome you today as we join together to worship our Risen Lord.

Please stay and join us after our morning services at St Alban's and St Aidan's for tea and coffee, or breakfast after the 8.00am service at St Alban's (gluten free items are also available - please just ask).

If you are a visitor please collect a Welcome Folder and leave the information card with one of the Welcome Group or Parish Staff.

Sunday School

Throughout term time Sunday School operates at St Alban's in the Sunday School Room (behind the Parish Office) during the 10.00am service. The children will be brought up into the church just before the peace.



Church:

Royal North Shore Hospital; West Lindfield - All Saints;
West Pymble - St Matthew; Turramurra - St James

The Catholic Parish of Epping and Carlingford
(Our Lady Help of Christians Church and St Gerard's Church)

The Cathedral parish of St Alban's Griffith

In our World:

Pray for spiritual enrichment during this Lenten season.

Pray for Chile which continues to suffer from after shocks and for the rescue of those still trapped in collapsed buildings.

Pray for those in hospitals, particularly those known to us from our parish.

Anniversary of Death:

Marjorie Wilkinson 7/3; John McNicol 8/3; Hatsue Nagao 8/3;
Gertrude Howe 10/3; Gertrude Nyholm 13/3; Robert Carson 13/3

For your Prayers

Mission of the Month

Anglican Board of Mission Australia

Each year during Lent the parish supports the work of the Anglican Board of Mission which provides assistance to communities in need both within Australia and overseas.

ABM's Five Marks of Mission are

- Witness to Christ's saving, forgiving and reconciling love for all people
- Build welcoming, transforming communities of faith
- Stand in solidarity with the poor and needy
- Challenge injustice and oppression

Protect, care for and renew life on our planet.

To make a contribution to ABM, please place your gift in the mission side of your offertory envelope or in a plain envelope marked 'ABM'.

For further details, please visit the website www.abmission.org

Lenten Ecumenical Services

7.45pm

Please make every effort to attend
as many as possible as part of our joint Lenten discipline.

Tuesday 9 March - Carlingford Baptist Church

Pennant Hills Road (Cnr Alamein Ave)

Preacher: Assistant Minister from West Epping Uniting Church

Tuesday 16 March - Oxford Street Epping Uniting Church

40 Oxford Street Epping

Preacher: Fr Colin Blayney,

Priest, Our Lady Help of Christians Catholic Church

Tuesday 23 March - St Gerard's Catholic Church Carlingford

543 North Rocks Road Carlingford

Preacher: The Reverend Elizabeth Raine

Minister, Chester Street Uniting Church

Results of the Elections at the Annual General Meetings

Parish Nominators	Robin Cummins, Peter Deall, Derek Jones, Jan McIntyre, Ruth Shatford
Synod Representatives	Jill Gumbley and Jan McIntyre

Saint Alban's

Rector's Warden	Jan McIntyre
People's Wardens	Ruth Shatford and David Tait
Parish Councillors	Sue Armitage, Doug Carruthers, Glyn Evans, Frances Quan Farrant, Malcolm Lawn
Rector's appointment	Peter Alexander and Linda Deall

Saint Aidan's

Rector's Warden	Bill Sheather
People's Wardens	Ken Bock and John Boyd

A copy of the AGM minutes are on the notice board.

MU Meeting

will be held on Tuesday 9 March at 1.30pm in the Seminar Room. Join with MU members and enjoy a discussion on the 1st MU Bible Study for 2010 on Esther presented by Wendy Mayer (the writer of the 2010 studies). Fees remain at \$35.00.

Lunch orders for Festival Service are \$6 - order and pay at March meeting.

Marge Jenkins 98722852

Occasional Social Group - NEXT SATURDAY

Will be held rain, hail or shine!

The next Occasional Social Group will be held in the Rectory Garden on Saturday 13 March beginning at 12 noon. Cost \$20 / \$45 per family. BYO drinks. Everyone is invited - not just those who have attended previously. Please come along and enjoy lunch with other parishioners

Bookings essential as space is strictly limited! Please place your name on the list provided at the back of each church.

Final date for acceptances - next Tuesday, 9 March.

Brunch Plus

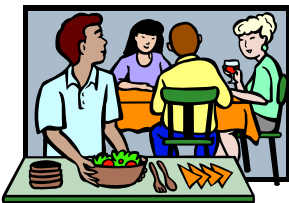
Saturday 20 March - 10am in St Alban's hall

The speaker will be Sheila Bruhn - one of the women imprisoned by the Japanese in Changi and involved in the making of the Changi quilts.

Please write your name on the list at the back of the church to help with the catering. Cost is \$5.

All women welcome!

Dinners for 8 is on again!



Don't forget to call Janet (9484 3630) if you have taken part before and DON'T want to this time, or if you would like to join and haven't before.

It is great fun and everyone is welcome.

A New Beginning

Beginning Experience is a personal encounter weekend for those who are grieving the loss of a partner through death, separation or divorce. Closing the door to the past gently by getting in touch and dealing with the feelings resulting from the end of a relationship is an important part of making a new beginning.

The next Beginning Experience Weekend is on **9-11 April 2010.**

For information and an application form please contact: Lee 9449 5317, Lynn 4627 2084 or Kevin 498 2738. Information leaflets are available from the rear of the church.

Emergency Evacuation

As the evacuation was cancelled on 14 February, due to bad weather, it has now been rescheduled to 14 March. At each of the services there will be a simulated emergency. We will all be required to leave the church and move out onto the footpath in a hurried but safe manner. This involves **ALL** people - there are to be no exceptions. This is a requirement placed upon us by our insurers.

Morning tea and breakfast will have to wait a moment or two!



Emergency

WHAT'S ON...

Monday 8 March

John of God, worker among the sick and poor

Parish Office Closed

- 7.30pm Men's Group
7.45pm Parish Council Meeting

Tuesday 9 March

Sister Emma SSA, superior of the Society of the Sacred Advent

- 10.00am English Conversation Group
11.00am 'Be Still & Know' Meditation Group
1.30pm MU Meeting
5.00pm Evening Prayer
7.45pm Ecumenical Service at Carlingford Baptist Church

Wednesday 10 March

- 7.00am Eucharist
5.00pm Evening Prayer
7.45pm Senior Choir practice

Thursday 11 March

- 10.30am Healing Eucharist
5.00pm Evening Prayer

Friday 12 March

- 5.00pm Evening Prayer

Saturday 13 March

- 12noon Occasional Social Group

Next Sunday's Services

4th Sunday in Lent
14 March 2010

At ST ALBAN'S

7.00am Eucharist
Preacher: The Rector

8.00am Eucharist
Preacher: The Rector

10.00am Sung Eucharist
Preacher: The Rector

6pm Taizé Service

at St Aidan's

8.30am Eucharist
Preacher: The Reverend Ross Weaver

If you would like to directly debit your weekly offertory, the church bank account details are:-

St Alban's: BSB No: 032 081
Account No: 000024
St Aidan's: BSB No: 032 081
Account No: 810086

Please indicate on transfer which service you attend

During the blessing of the gifts, we acknowledge the offertory made to the Parish by direct transfer.

DEADLINE - The deadline for items to be considered for publication in the bulletin for next Sunday is **WEDNESDAY at 2.30pm.**

The parish wishes to acknowledge the wonderful financial support provided by the sponsors of our Parish Magazine and Weekly Newsletters



Delhi Road (at the entrance to Northern Suburbs Crematorium) North Ryde.
Telephone 02 9887 2244

Easter Services

Palm Sunday 28 March

- 7.00am Eucharist - St Alban's
8.00am Eucharist and Procession - St Alban's
8.30am Eucharist and Procession - St Aidan's
10.00am Choral Eucharist & Ecumenical Procession (*with incense*) - St Albans
The Procession will commence at St Alban's
6.00pm Choral Evensong - St Albans

Holy Week

- 7.45pm Holy Eucharist - St Alban's Monday 29 March
7.45pm *Holy Eucharist - St Alban's Tuesday 30 March*
7.00am & 7.45pm Holy Eucharist - St Alban's Wednesday 31 March

Maundy Thursday 1 April

- 10.30am - *Healing Eucharist - St Alban's*
7.45pm - *Holy Eucharist, Celebration of the Institution of the Lord's Supper and serving one another followed by Prayer Vigil - St Alban's*

Good Friday 2 April

- 8.30am Good Friday Liturgy - St Aidan's *Preacher: The Reverend Ross Weaver*
9.30am Good Friday Liturgy - St Alban's *Preacher: The Reverend Dr Don Saines*

Holy Saturday 3 April

- 9.00am Morning Prayer and The Litany - St Albans

Easter Day 4 April

- 5.30am Liturgy of the Paschal Candle and The Resurrection Festival Choral Eucharist (*with Incense*) followed by the Parish Easter Party - St Alban's
Preacher: The Reverend Dr Don Saines
8.00am Festival Choral Eucharist and Procession - St Alban's
Preacher: The Reverend Dr Don Saines
8.30am Sung Eucharist - St Aidan's, *Preacher: The Reverend Ross Weaver*
10.00am Sung Eucharist - St Alban's, *Preacher: The Reverend Ross Weaver*

Parish Directory

Parish Office is open Tuesday to Friday 9am to 1 pm

Address - 3 Pembroke Street Epping 2121 (PO Box 79 Epping 1710)

St Aidan's Church - 30 Downing Street, West Epping

Phone - 9876 3362 **Fax** - 9876 4046 **Website** - www.eppinganglicans.org.au

Office email - office@eppinganglicans.org.au

Rector	The Reverend John Cornish - johncorn1@pacific.net.au
Associate Priest	The Reverend Ross Weaver - ross.weaver@pacific.net.au
Parish Secretary	Mrs Denise Pigot
Choir Director	Mr David Wheatley
Organists	Mr Chris Wagstaff and Ms Rosemary Blake
Honorary Clergy	The Reverend Dr Alan Friend The Reverend Val Tibbey The Reverend Paul Weaver