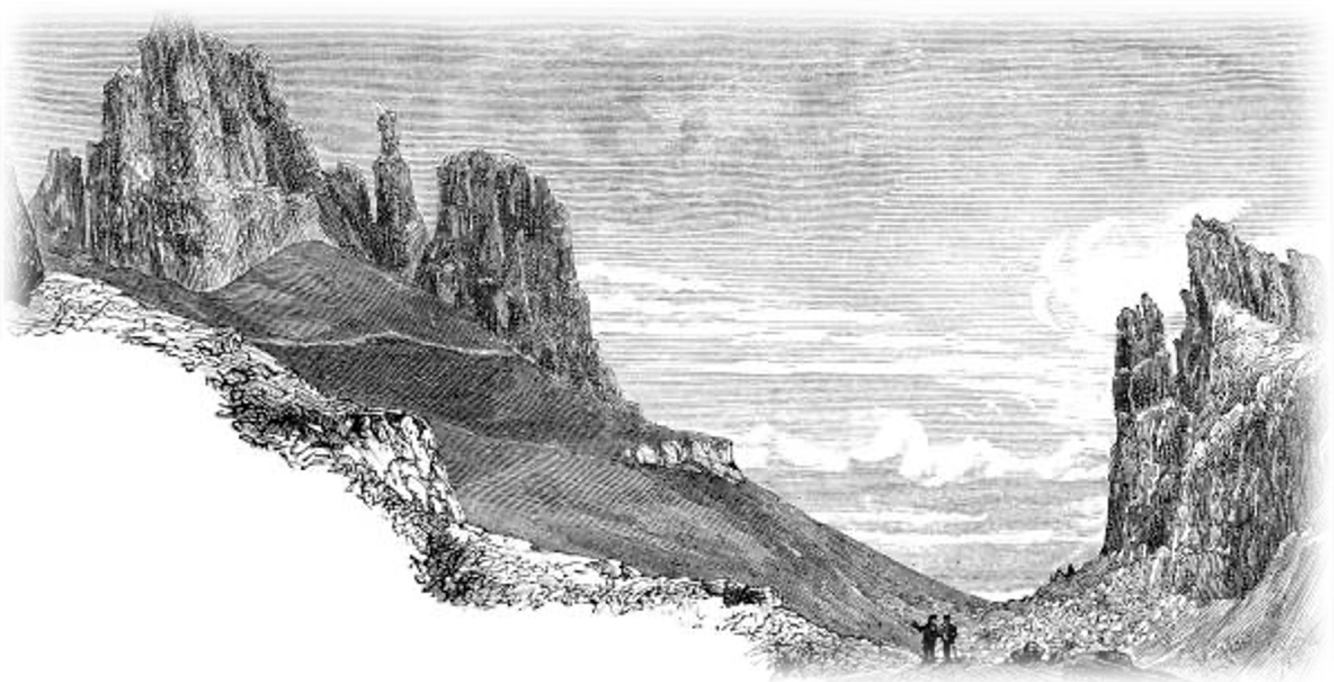


Thoughts and Prayers for Reflection

November 2026

*Life is eternal, and love is
immortal, and death is only a
horizon, and a horizon is nothing
save the limit of our sight.*

Rossiter W. Raymond



1	All Saints Day: After these things I looked, and behold, a great multitude, which no man could count, out of every nation and of all tribes, peoples, and languages, standing before the throne and before the Lamb, dressed in white robes, with palm branches in their hands. <i>Revelation 7:9</i>
2	All Souls: The souls of the righteous are in the hand of God, and no torment shall touch them. They seemed, in the view of the foolish, to be dead; and their passing away was thought an affliction and their going forth from us, utter destruction. But they are in peace. For if to others, indeed, they seem punished, yet is their hope full of immortality; chastised a little, they shall be greatly blessed, because God tried the and found them worthy of himself. <i>Wisdom 3:1-4</i>
3	Richard Hooker, priest and teacher (d.1600): I will give thanks to the Lord with my whole heart; I will tell of all your wonderful deeds. I will be glad and exult I you; I will sing praise to your name, O Most High. <i>Psalms 9:1-2</i>
4	Day for Anglicans and Roman Catholics to pray for one another: So in Christ Jesus you are all children of God through faith, for all of you who were baptised into Christ have clothed yourselves with Christ. There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus. If you belong to Christ, then you are Abraham's seed, and heirs according to the promise. <i>Galatians 3:26-29</i>
5	I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent. <i>Luke 15:7</i>
6	Praying without ceasing is not ritualized, nor are there even words. It is a constant state of awareness of oneness with God. <i>Peace Pilgrim</i>
7	I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. <i>Philippians 4:12-13</i>
8	Twenty-Fourth Sunday After Pentecost, Defence Forces Sunday: Eternal God, the only source of peace, we pray for all who serve in the Defence Force of this land. Give them courage and comfort in danger, patience in waiting, and discipline in the just use of force. Help us to seek to serve you and each other in compassion and peace. We ask this through Jesus Christ our Lord. <i>Amen.</i>
9	Wake up! Strengthen what remains and is about to die, for I have found your deeds unfinished in the sight of my God. <i>Revelation 3:2</i>
10	Leo of Rome, bishop and teacher (d.462): Let us all remember this: one cannot proclaim the Gospel of Jesus without the tangible witness of one's life. <i>Pope Francis</i>
11	Martin, bishop of Tours (d.c.387): The Lord is my strength and my shield; in him my heart trusts; so I am helped, and my heart exults, and with my song I give thanks to him. <i>Psalms 28:7</i>
12	Charles Simeon, priest and evangelist (d.1836): Justification by faith alone, is the hinge upon which the whole of Christianity turns. <i>Charles Simeon</i>
13	Jesus's resurrection is the beginning of God's new project not to snatch people away from earth to heaven but to colonize earth with the life of heaven. That, after all, is what the Lord's Prayer is about. <i>N T Wright</i>
14	Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace and pursue it. <i>Psalms 34:13-14</i>
15	Twenty-Fifth Sunday After Pentecost: <i>In quiet and trust you shall find your strength. Isaiah 30:15</i>

16	Margaret of Scotland, queen, helper of the poor (d.1093): My children, love and fear God; for they who fear God, have not to fear death and they who love God with their whole heart, will not only be happy for the short space of time we live on this earth but, will be eternally blessed in the life to come. <i>Saint Margaret of Scotland</i>
17	Hilda of Whitby, abbess (d.680); Hugh, bishop of Lincoln (d.1200): May I be equal to your hope of me. If I am weak, I ask that you send only what I can bear. If I am strong, may I shrink from no testing that shall yield increase of strength or win security for my spirit. I trust in thee, o Lord. I say, 'thou are my God.' My times are in thy hand. <i>St. Hilda</i>
18	I will restore them because I have compassion on them. They will be as though I had not rejected them, for I am the Lord their God and I will answer them. <i>Zechariah 10:6</i>
19	Elizabeth of Hungary, princess and philanthropist (d.1231): How could I bear a crown of gold when the Lord bears a crown of thorns? And bears it for me! <i>Elizabeth of Hungary</i>
20	Lord, during these changing seasons may the sunlight and the rain be reminders that You are at work renewing the earth. As a God of renewal, You are ever at work in our lives, too. Open our eyes and lives to the needed changes in our lives this Spring. Awaken us to new life and perspective, for we pray in Jesus' name. <i>Amen.</i>
21	Each activity of daily life in which we stretch ourselves on behalf of others is a prayer in action. <i>Richard J. Foster</i>
22	Christ the King - the Reign of Christ: Lord, my King and Saviour, I place my life in your hands today. Reign in my thoughts, my choices, and my desires. Where I am weak, be my strength; where I am anxious, be my peace; where I am lost, be my guiding light. Shape my heart to love as you love, and help me to follow you with trust and courage. Jesus, King of my life, stay with me. <i>Amen.</i>
23	Clement of Rome, bishop and martyr (d.c.100): Toleration of people who differ in convictions and habits requires a residual awareness of the complexity of truth and the possibility of opposing view having some light on one or the other facet of a many-sided truth. <i>R. Niebuhr</i>
24	When I am afraid, I put my trust in you. <i>Psalms 56:3</i>
25	James Noble, pioneer Aboriginal deacon (d.1941): Creator Spirit, we come together in prayer and thanksgiving for the many blessings we have received. Allow your Spirit to wash over us and give us strength, to walk together, as one.
26	Who stilled the roaring of the seas, the roaring of their waves, and the turmoil of the nations. The whole earth is filled with awe at your wonders; where morning dawns, where evening fades, you call forth songs of joy. <i>Psalms 65:7-8</i>
27	I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. <i>Revelation 21:2</i>
28	Do not desire to be other than you are, but desire to be very well what you are. <i>St. Francis de Sales</i>
29	First Sunday of Advent: Almighty God, increase our strength of will for doing good that Christ may find an eager welcome at his coming and call us to his side in the kingdom of heaven, where he lives and reigns with you and the Holy Spirit one God forever. <i>Amen.</i>
30	Andrew, apostle and martyr: May we all grow in grace and peace, and not neglect the silence that is printed in the centre of our being. It will not fail us. Music is pleasing not only because of the sound but because of the silence that is in it: without the alternation of sound and silence there would be no rhythm. <i>Thomas Merton</i>

Weekly Prayers and Thoughts

Sunday

On this new day, a gift of your love, I come before You with gratitude for your faithful presence within me and alongside the most vulnerable. I acknowledge that indifference sometimes dwells within me. I look away from my brother or sister who is suffering. Lord, have mercy on my closed heart. Fill me with genuine compassion. Teach me to welcome, love, and support others. I offer myself to You through the prayer of offering. *Amen.*

Monday

As the flowers, grass, and trees all experience needed growth during springtime, we are reminded that we are called to grow spiritually too. God calls each of us to participate in a spiritual metamorphosis where we are daily shaped and molded into the image of his son.

Tuesday

So much has been given to me; I have not time to ponder over that which has been denied. *Helen Keller*

Wednesday

God has called you out of darkness, into his wonderful light. May you experience his kindness and blessings, and be strong in faith, in hope, and in love because you are followers of Christ, who appeared on this day as a light shining in darkness, may he make you a light to all your sisters and brothers. The wise men followed the star and found Christ who is light from light. May you too find the Lord when your pilgrimage is ended.

Thursday

"In the garden of the soul, the virtues of faith, hope, and love form the centerpiece. Traditionally called theological virtues, they come as free gifts from God and draw us to God. We cannot earn these virtues; God has already freely planted them in our soul." *Bishop Robert F. Morneau*

Friday

You answer us with awesome and righteous deeds, God our Saviour, the hop of all the ends of the earth and of the farthest seas. *Psalms 65:5*

Saturday

Lord, as I reflect on this day, I am aware of the painful or sad moments of the day, caused both by my own actions or the actions of others. Grant me the insight to make amends for the harm I've caused and grant me the heart to forgive. Only through repentance and forgiveness can our hearts heal and return to you. Thank you for showing us the way to live. *Amen.*

Thoughts for Prayer & Reflection
for our *city on a hill...* and beyond.

Produced by the **Anglican Parish of St Alban,**
3 Pembroke Street Epping New South Wales 2121 Australia
Telephone +61 2 9876 3362 www.eppinganglicans.org.au